

Transitional Lead Support Program

Hamilton Niagara Haldimand Brant Behavioural Supports Ontario (BSO)

Moving into Long-Term Care (LTC) can be a challenging and unsettling time for people as they get used to new sights, sounds, smells, faces and routines. These transitions can be particularly challenging for people who have trouble with their thinking or memory (dementia), and who have difficulty adjusting to new situations. The Behavioural Supports Ontario (BSO) Transitional Lead (TL) program in the Hamilton, Niagara, Haldimand –Brant and Burlington (HNHB) region supports persons living with or at risk of responsive behaviours as they move from their community dwelling into Long Term Care Homes to live.

Who are the BSO Transitional Lead team members?

- BSO TL's are regulated health care professionals who are trained and experienced in person-centered, strength based approaches to care for persons living with cognitive impairment and or dementia and who exhibit responsive behaviours*.



How can the BSO Transitional Lead help?

- Assist with transition of individuals from community to LTC who are at higher risk for or currently presenting with responsive behaviours. The goal is to work with the resident and their care partners from 2 weeks to 4 months before admission to LTC, and then continue support to the 6 week post admission period involving the BSO Long Term Care Team serving that home as necessary.
- The TL will share the care strategies that have been undertaken to support the client and also trial and recommend new strategies or techniques in the home to help reduce the frequency or intensity of responsive behaviours.
- The care techniques and history will then be shared with the front line care staff of the receiving Long Term Care Home to support their transition to a new living setting.

****What are responsive behaviours?***

- Any behaviour that is in response to a real or perceived stimulus and may result in increased risk for the client or others.
- The behaviour may present a challenge to receiving appropriate care or co-existing with others.
- Responsive refers to the fact that many of these behaviours could respond to appropriate and timely interventions, and may be occurring as a result of an unmet need or desire that can no longer be communicated.

How do I get support from the Transitional Lead?

- Referrals are made by the Ontario Health atHome Placement Coordinator

OR

- Initiated by the Long Term Care Home through Ontario Health atHome.

I am who I am, so help me continue to be me.



Behavioural Supports Ontario
Soutien en cas de troubles du comportement en Ontario
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